

ABNORMAL UTERINE BLEEDING (AUB) PROVIDERS – COUNTIES MANUKAU

Please contact cm-womenshealth-pc@tewhatuora.govt.nz for any additions or amendments to this list

EASTERN		
Practice	Name	Email
Beachlands Medical Centre T: 09 536 6006	Nagham Hawa Rebecca Starr	manager@beachmed.co.nz
Botany Junction Medical Centre T: 09 265 0321 E: nurse@bjdocs.co.nz	Ahmed Kareem Carlos Lam Yang Jayani Kannangara Sonia Kamdar Therese Khella Wen Chen Yimin Wang	
Botany Medical and Urgent Care T: 09 280 1790 E: reception@botanygp.co.nz	Nagham Hawa Salam Salih	
Botany Town Centre Medical Practice T: 09 273 6003, E: admin@bmp.nz	Pieter Vosloo Dr Chantelle Kahl	
Clendon Family Health Centre T: 09 267 2636 E: admin@clendonfamily.co.nz	Dr Bhavana Patel Dr Lisa Karl	bhavana@clendonfamily.co.nz Lisa@clendonfamily.co.nz
Crawford Medical Centre T: 09 538 0083	Bruce Greenfield Dr Bradford Volk	nurse@crawfordmedical.co.nz
DW Family Doctors T: 09 576 5177 E: infodwdoctors@gmail.com	Dr David Wu Dr Yirui (Joyce) Zhang	
Highland Park Medical Centre T: 09 535 8095 E: medical@highlandpark.co.nz	Brett Hyland Joyce Leung* Wendy Chan	bretthyland@highlandpark.co.nz lydia@highlandpark.co.nz
Howick Health and Medical Centre T: 09 534 3978 E: reception@howickhealth.co.nz	Amanda Sew Hoy Amy Rankin	amyh.rankin@gmail.com
Howick House Medical T: 09 535 8797 E: reception@howickhouse.co.nz	Bronwyn Lloyd	
Local Doctors Dannemora T: 09 274 7823 ext. 9935	Janan Mansour Tanvir Kaur	anjini.kumar@tamakihealth.co.nz
Marina Medical Centre T: 09 534 5414 E: info@marinamedical.co.nz	Pei Yeong* Yirui (Joyce) Zhang	
Millhouse Integrative Medical Centre T: 09 537 4980 E: reception@millhousemedical.co.nz	Aileen Wong Stephanie Nam Satya Subramanian Rick Coleman	aileenwong@millhousemedical.co.nz stephanienam@millhousemedical.co.nz satya@millhousemedical.co.nz riccoleman@millhousemedical.co.nz
Ormiston Medical Centre T: 09 265 1325 E: info@ormistonmedical.co.nz	Lily Liu	

EASTERN

Tend Pakuranga Medical Centre T: 09 950 7351 E: kiaora@tend.nz	Bushra Kadhim Denis Lee Eileen Sables Orna McGinn Simon Russell	bkadhim@pakmed.co.nz dlee@pakmed.co.nz esables@pakmed.co.nz - srussell@pakmed.co.nz
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Pukekohe Family Health Care T: 09 237 028 E: contact@pukekohehealth.co.nz	Aileen Elborough Rattan Saini*	
Pukekohe South Doctors T: 09 237 0286	Louisa Sinclair	reception@pukekohesouthdoctors.co.nz
Waiuku Health Centre T: 09 235 9102	Nicola Coombes* Sasha Maxwell	admin@waiukumedical.co.nz

MANGERE

Bader Drive Health Care Mangere T: 09 275 8598	Hina Lutui Nua Tupai	womenshealth@bdhealthcare.co.nz
Dr John Upsdell - Doctors Clinic T: 09 278 7214	John Upsdell*	
Local Doctors Mangere T: 09 274 7823 ext. 9935	Lamara Kandelaki	anjini.kumar@tamakihealth.co.nz
Mangere East Medical Centre T: 09 275 8587 E: mangereeastmc@xtra.co.nz	Shelley Roy	
Mangere Health Centre T: 09 255 0600 E: info@mangerehealthcentre.co.nz	Rekha Das Satya Subramanian Tim Hou Lorrayne Rani (under supervision of Dr Hou)	das@mhc.net.nz subramanian@mhc.net.nz tim.hou@mhc.net.nz lorryne@mhc.net.nz registrar@mhc.net.nz
The Doctors Middlemore T: 09 275 9977	Dr Indira Wickramasinghe	info@md.thedoctors.co.nz <i>Accepts Referrals</i>
Turuki Health Care T: 09 275 5788	Janet Vaughan Emalia Lavemai Katrina Kirikino Thealyssa Ng	mangere@thc.org.nz

MANUKAU

Counties Medical Integrated Health Centre T: 09 299 9384	Amelia Tuyay*	Amy.Tuyay@countiesmedical.co.nz
Bakerfield Medical & Urgent Care Clinic T: 09 263 7770	Sahar Bahnan	manager@bakerfield.co.nz
Clendon Medical Centre T: 09 267 4525 E: reception@clendonmed.co.nz	Richard Kenner	
Counties Medical Family Health GP Clinic	Amelia Tuyay*	Amy.Tuyay@countiesmedical.co.nz

MANUKAU		
T: 09 299 9384		
Hunters Corner Medical Centre T: 09 278 5563 E: reception@hunterscornermedical.co.nz	Esther Hausia	
Local Doctors Takanini T: 09 274 7823 ext. 9935	Paul Hutchison	anjini.kumar@tamakihealth.co.nz
Papakura East Medical Centre (The Doctors Papakura) T: 09 299 9666 E: admin@pemc.co.nz	Primla Khar Sarah Holmes (will be on leave from late Dec 2025 for an extended time)	
Papakura Family Medicine Clinic T: 09 298 6378 E: surgerychoy@gmail.com	Amelia Tuyay*	
Rosehill Christian Medical Centre T: 09 298 2780 E: reception@rcmc.org.nz	Imelda Quero Dr Melissa Amertil Dr Grace Tong	
Southpoint Family Doctors T: 09 262 0072 E: reception@spfd.co.nz	Fiona Shepherd Hina Lutui	clinical@spfd.co.nz hinamaha@spfd.co.nz
Te Manu Aute Whare Oranga, Manurewa Marae T: 09 640 0822	Veenita Devi Rairi	admin@manurewamarae.co.nz
The Doctors Drury T: 09 294 3005 E: admin@drury.thedoctors.co.nz	Sophie Chan	
Tiakina Te Ora Medical Practice T: 09 298 0778 E: admin@tiakinateora.co.nz	Jacqueline Allan	

OTARA		
Local Doctors Otara T: 09 274 7823 ext. 9935	Oruba Khalil Sue Tutty	anjini.kumar@tamakihealth.co.nz
Otara Family and Christian Health Centre T: 09 274 6654 E: reception@otarafamily.health.nz	Dr Mark Arbuckle Dr Karina Cooper Dr Sonal Gosai Renee Carroll (Nurse) Delvene Steven	mark.arbuckle@otarafamily.health.nz karina.cooper@otarafamily.health.nz Sonal.gosai@otarafamily.health.nz Renee.carroll@otarafamily.health.nz Delvene.steven@otarafamily.health.nz

OUTSIDE OF COUNTIES MANUKAU		
Birkenhead Medical Centre T: 09 419 1636	Claire Han	admin@birkenheadmedical.co.nz
Family Health Matters T: 09 973 4106	Michal Noonan	reception@fhm.co.nz
Hillside Medical Centre T: 09 625 9068	Dr Foong Yeen Chan Dr Ang Liu	reception@hillsidemedical.co.nz
Lifeline Medical Centre Ōtāhuhu	Sobia Imran	

T: 09 276 2822 E: reception@lifelinemedical.co.nz		
Mt Wellington Family Health Centre T: 09 570 2999 E: info@mtwellingtondocs.co.nz	Kirsty Good	
Panmure Medical Centre T: 09 570 4019 E: reception.panmed@gmail.com	Grant Robertson	
Three Kings Accident & Medical T: 09 625 2999 E: admin@threekings.co.nz	Himali McInnes Kate Harrison	

**Accepts referrals from enrolled patients only*